

Your Local Pharmacy

Transferring Your Prescriptions is Easy.
Ask Us How Today!

October 8-22



5⁹⁹

health One™
Vitamin D,
For Adults and Kids,
400 IU,
60 Gummies

Kleenex®
Trusted Care®
144 2-Ply Tissues

2⁴⁹



5⁹⁹

Aleve® Liquid Gels
Naproxen Sodium Capsules,
220 mg,
20 Liquid Filled Capsules



7⁴⁹

Children's Tylenol®
Ages 6-11,
Cold & Cough,
Bubble Gum or
Cold, Cough & Fever,
Bubble Gum Burst or
Soothing Apple,
100 mL



79¢

Kellogg's®
Rice Krispies Squares®
Original,
62 g



3⁹⁹

Nivea
Invisible,
Anti-Perspirant,
Deodorant Roll-On,
For Black & White,
Clear or Pure,
50 mL



19⁹⁹

Glaxal Base
Moisturizing
Cream,
Hypoallergenic,
For Sensitive Skin,
450 g



3⁴⁹

Aqua Velva®
Musk,
After Shave/Cologne,
100 mL



7⁹⁹

Rub-A535
Muscle & Joint,
Regular Strength
or **No Odour,**
Regular Strength,
100 g Cream



7⁹⁹

Children's Tylenol®
Fever & Pain,
Ages 2-11,
Banana Berry,
100 mL



99¢

Cadbury
Selected
Varieties



7⁴⁹

Batiste™
Dry Shampoo,
Original,
200 mL



2⁹⁹

Colgate®
Cavity Protection,
Fluoride Toothpaste,
Regular or Winterfresh,
95 mL



7⁹⁹

Micatin®
Spray Powder,
for Athlete's Foot
and Jock Itch,
85 g



11⁴⁹

Advil®
Long Lasting Pain Relief,
Muscle & Joint,
Extra Strength,
400 mg,
32 Caplets



26⁹⁹

Advil®
Liquid-Fast® Relief
Extra Strength,
400 mg,
80 Liqui-Gels



2⁹⁹

Toffifee®
123 g



10⁹⁹

Cetaphil®
Pro
RestoraDERM,
Nourishing
Body Wash,
Dry, Itchy Skin,
295 mL



4⁴⁹

Listerine®
Antiseptic
Mouthwash,
Fresh Burst or
Total Care,
For Sensitive
Teeth,
250 mL



6⁴⁹

Murine®
EAR
Wax Removal
System,
Ear Drops +
Ear Washer,
15 mL



8⁹⁹

Deep Relief®
Regular
Strength,
Warming Heat
Patch,
6 Large Patches
or Maximum
Strength,
Ice Cold Spray,
150 mL



17⁹⁹

Aspirin®
Daily Low Dose,
81 mg,
120 Tablets

healthOne

Compare & Save!

8⁴⁹
Echinacea
1000 mg,
100 Capsules



8⁹⁹
One-Step
Pregnancy Test
99% Accurate,
2 Pregnancy Tests



healthOne
Fabric Bandages
Seals out dirt and germs.
80 Bandages
(1.9 cm x 7.6 cm)

4⁹⁹
Fabric
Bandages
Seals Out Dirt
and Germs,
80 Bandages
(1.9 cm x 7.6 cm)



7⁹⁹
Omega 3
Deep Sea Fish Oil,
1000 mg,
60 SoftGels

COVID-19, flu, allergies and the common cold

COVID-19, flu, allergies and the common cold: What are the differences?

COVID-19, the flu and the common cold are all contagious respiratory diseases caused by viruses. COVID-19 is caused by the SARS-CoV-2 virus, the flu is caused by influenza A and B viruses whereas the common cold is most often caused by rhinoviruses. These viruses spread in similar ways and cause many of the same signs and symptoms.

Meanwhile, seasonal allergies aren't caused by a virus. Seasonal allergies are immune system responses triggered by exposure to allergens, such as seasonal tree or grass pollens, yet they cause many of the same signs and symptoms as COVID-19, the flu and the common cold.

Treatment

Treatment for the common cold may include pain relievers and over-the-counter cold remedies, such as decongestants. Unlike COVID-19, a cold is usually harmless. Most people recover from a common cold in three to 10 days. While there is only one antiviral treatment for COVID-19, there are several antiviral drugs that can be used to treat the flu. Also, you can get an annual flu vaccine to help reduce your risk of the flu.

Treatment of seasonal allergies may include over-the-counter or prescription antihistamines, nasal steroid sprays and decongestants, and avoidance of exposure to allergens where possible.



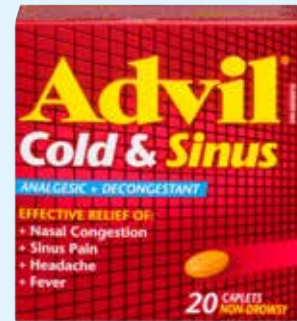
6⁹⁹

Jamieson™
Vitamin C,
500 mg,
Bonus 100 + 20
Caplets



7⁹⁹

Benylin®
Dry Cough,
Extra Strength,
100 mL Syrup



8⁴⁹

Advil®
Cold & Sinus,
Analgesic +
Decongestant,
Non-Drowsy,
20 Caplets

Vicks®
VapoRub™
Nasal Decongestant,
Ointment,
50 g

4⁹⁹



Halls
Selected
Varieties

99¢

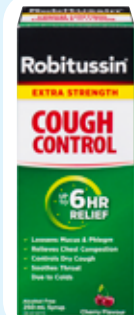


1⁷⁹

**Fisherman's
Friend®**
Selected
Varieties,
22 Lozenges

Tylenol®
Flu or Cold,
Extra Strength,
20 eZTabs®
(10 Daytime +
10 Nighttime
Tablets)

7⁴⁹



11⁹⁹

Robitussin®
Cough Control,
Extra Strength,
Up To 6HR Relief,
Cherry Flavour,
250 mL Syrup

Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our pharmacists to find out more.

- Computerized patient files
- Med checks
- Compounding
- Compliance packaging
- Clinic days
- Prescription transfer from other pharmacies



8⁹⁹

Chloraseptic®
Sore Throat Spray,
Fast Acting,
Cool Mint or
Cherry Flavour,
177 mL



12⁹⁹

Ester-C®
Vitamin C,
Stomach
Friendly,
1000 mg,
60 Coated
Tablets

Abreva®
Cold Sore
Treatment,
2 g

17⁹⁹



NeilMed®
Sinus Rinse™ Kit,
Includes
50 Premixed
Packets or
100 Premixed
Packets

14⁹⁹



Drixoral®
No Drip,
Nasal Decongestant,
With Cooling
Menthol,
Original
Unscented
or Extra
Moisturizing,
15 mL

5⁹⁹



15⁹⁹

Gaviscon®
Extra Strength,
For Acid Reflux
& Heartburn,
Assorted
Flavours



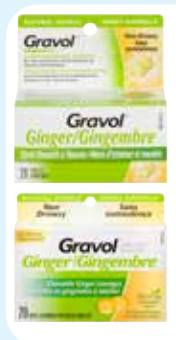
15⁹⁹

Metamucil®
Psyllium Fibre
Capsules,
100 Capsules



7⁹⁹

ENO®
Antacid,
Effervescent
Powder,
Fast Relief,
200 g



6⁴⁹

Gravol™
Upset Stomach
& Nausea,
Ginger,
Non-Drowsy,
20 Tablets or
Soft Lozenges

**Nature's
Bounty®**
Hair, Skin & Nails
With Biotin,
80 Gummies

8⁹⁹



Cancer Prevention

Doctors have identified several ways to reduce your risk of cancer, such as:

- Stop smoking. If you smoke, quit.
- Avoid excessive sun exposure.
- Eat a healthy diet.
- Exercise most days of the week.
- Maintain a healthy weight.
- Drink alcohol in moderation, if you choose to drink.
- Schedule cancer screening exams.



14⁹⁹

Nicorette®
Gum,
Stop Smoking
Aid,
4 mg or 2 mg,
Ultra Fresh Mint
or Fresh Fruit,
30 Pieces



6⁹⁹

Jamieson™
Vitamin D,
1,000 IU,
25 mcg
Bonus 150 + 30
Softgels



15⁹⁹

**Nature's
Bounty®**
Coated
Omega-3,
Fish Oil,
1000 mg,
180 Softgels



8⁹⁹
**Glucosamine
Sulfate**
500 mg,
180 Tablets



4⁹⁹
**Diarrhea
Relief**
2 mg,
12 Caplets



6⁹⁹
Melatonin
3 mg,
60 Sublingual
Tablets



8⁴⁹
**Deluxe Hot
Water Bottle**
Comfort & Warmth,
Relieves aches
and pains,
2L

Speak to your medical professional or pharmacist for more information.

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