

Your Local Pharmacy

Transferring Your Prescriptions is Easy.
Ask Us How Today!

October 9-23



2⁹⁹

Kleenex®
Soothing Lotion,
With Aloe & E,
65 2-Ply Tissues



1⁹⁹

Storck Riesen
Caramels Covered
in Rich European
Chocolate,
135 g



2²⁹

Jolly Rancher
Hard Candy,
Original,
198 g



1²⁹

tic tac®
Wintergreen,
Fruit Adventure,
Orange or
Fresh Mint,
29 g



9⁹⁹

hydraSense®
Daily Nasal Care,
Medium Stream,
Full Stream,
Gentle Mist or
Ultra Gentle Mist,
100 mL



14⁹⁹

NeilMed®
Sinus Rinse Kit,
Includes 50
Premixed
Packets or
100 Premixed
Packets



5⁴⁹

Gravol Kids™
Quick Dissolve Chewable,
Cherry Flavour,
15 mg,
18 Tablets
Gravol™
Nausea Relief,
100 mg,
8 Caplets



6⁹⁹

Tylenol®
Cold or Flu,
Extra Strength,
10 Daytime +
10 Nighttime = 20 eZtabs



7⁹⁹

Rub-A535™
Muscle & Joint,
Extra Strength,
Regular Strength,
No Odour
Regular Strength
or Injury
100 g Cream



8⁴⁹

IcyHot®
Medicated
Patch,
Regular
Strength,
Dual Action:
Cold to Hot,
5 Patches



5⁹⁹

Mentholatum®
Natural Menthol Rub,
Ointment,
100 mL
Deep Relief®
Joint Pain Relief Gel,
Ultra Strength,
230 mL

Aleve®
Naproxen Sodium Tablets,
220 mg,
24 Caplets

4⁹⁹



5⁹⁹

Aspirin®
Quick Chews,
Daily Low Dose,
81 mg,
30 Tablets



7⁹⁹

Children's Tylenol®
Fever & Pain,
Banana Berry,
100 mL



14⁹⁹

Lacteeze
Drops For Milk,
Treats Up to 75 Litres,
Gluten Free



8⁹⁹

NeoCitran
Cold & Sinus,
Extra Strength or
Cold & Sore Throat,
Night,
Lemon,
10 Single Dose Pouches
(Powder)



3²⁹

Udderly Smooth
Body Cream,
Original
Formula,
340 g



5⁹⁹

Murine®
Ear
Wax Removal
System,
Ear Drops,
15 mL



10⁹⁹

LifeStyles®
Pleasure
Collection,
30 Premium
Lubricated
Condoms
LifeStyles
NATURAL
FEELING
Natural Feeling,
36 Lubricated
Latex Condoms



9⁷⁹

Eucerin®
Eczema Relief,
Cream,
226 g



7⁹⁹

Batiste™
Dry Shampoo,
Original,
200 mL



1²⁹

Allenburys
Basic Soap,
Sensitive Skin,
100 g

healthOne

Compare & Save!



4⁹⁹

Ibuprofen
400 mg,
32 Extra Strength
Caplets



3⁹⁹

Vitamin D3
Extra Strength,
1,000 IU,
90 Tablets



1⁸⁹

Cosmetic Pads
100% Cotton,
100 Pads



99¢

Weekly Pill Box

Cold & Flu

COVID-19 VS FLU

COVID-19, which evolved into a pandemic, and the seasonal flu are both infectious illnesses, each caused by different viruses but both are respiratory conditions with some similar symptoms. However, COVID-19 has also shown signs of affecting the immune and circulatory systems, as more is being learned about this coronavirus.

How to Reduce the Risk of Catching COVID-19 or the Flu

You can help prevent the spread by:

- Washing your hands frequently and thoroughly
- Covering sneezes and coughs with a tissue or your shirt sleeve in your elbow
- Limiting contact with people who are infected
- Social distancing, staying six feet apart from others
- Wearing a mask
- Getting an annual seasonal flu shot

Consult a Health Professional

When you feel that you are coming down with these symptoms, consult your physician for a diagnosis and test if necessary to determine the virus type. Your physician may prescribe an antiviral medication, especially if you are at a high risk for complications. Your pharmacist is able to recommend over-the-counter medications that will help ease mild symptoms.

Depending on where you live and where regulations permit, a qualified pharmacist may be able to give you a seasonal flu shot conveniently in the pharmacy.



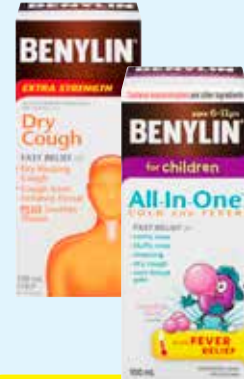
7⁹⁹

Chloraseptic®
Sore Throat Spray,
Cool Mint or Cherry Flavour,
177 mL



8⁴⁹

Buckley's®
Complete Liquid Gels,
24 Hour Convenience Pack
with Daytime Mucus Relief or
Daytime Plus Mucus Relief,
24 Gels



7⁴⁹

Benylin®
For Children,
All-In-One Cold and Fever,
Bubble Gum Flavour
or Dry Cough,
Extra Strength,
100 mL



2⁴⁹

health One™
Cold & Sinus,
10 Non-Drowsy
Caplets



4⁹⁹

health One™
Cold & Flu,
Convenience Pack,
12 Non-Drowsy
Daytime
+ 12 Nighttime
Capsules



7⁴⁹

Children's Advil®
Cold & Flu,
Multi-Symptom,
Berry,
100 mL



11⁹⁹

Emergen-C®
Vitamin C,
1,000 mg,
Assorted
Flavours,
30 Packets



5⁴⁹

SafeChek
Instant Hand
Sanitizer,
300 mL

Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our Pharmacists to find out more.

- Computerized patient files
- Med checks
- Compounding
- Compliance packaging
- Clinic days
- Prescription transfer from other pharmacies



2⁹⁹

Listerine®
POKETPAKS,
Cool Mint,
24 Breath
Strips



1⁴⁹

G-U-M®
Toothbrush,
Ora-Clean,
Medium,
Regular,



5⁸⁹

Sensodyne®
Toothpaste,
Whitening,
Value Size,
135 mL



2⁹⁹

G-U-M®
Professional
Clean,
Flossers,
With Extra
Strong Floss,
Fresh Mint,
90 Count



2⁴⁹

G-U-M®
Eez-Tru,
Floss Threaders,
25 Threaders



8⁹⁹

Similasan
Pink Eye Relief
or Dry Eye Relief,
Original Swiss
Formula,
10 mL



8⁹⁹

Soothe®
Preservative Free
Dry Eye Therapy,
Lubricant Eye
Drops,
10 mL



6⁴⁹

Nature's Bounty®
Melatonin,
60 Gummies



13⁹⁹

Nature's Bounty®
Turmeric
Curcumin,
450 mg,
120 Capsules



7⁹⁹

Nature's Bounty®
Garlic,
Odorless,
1,000 mg,
100 Softgels

Cancer

Certain lifestyle choices are known to increase your risk of cancer. Smoking, drinking more than one alcoholic drink a day (for women of all ages and men older than age 65) or two drinks a day (for men age 65 and younger), excessive exposure to the sun or frequent blistering sunburns, being obese, and having unsafe sex can contribute to cancer.



8⁴⁹

health One™
Omega 3-6-9,
Flaxseed, Fish &
Borage Oil,
1200 mg,
100 Softgels



11⁹⁹

Nature's Bounty®
Omega-3 + D3,
Fish Oil 1200 mg,
Vitamin D3
1,000 IU,
90 Softgels



15⁹⁹

Jamieson™
Omega 3-6-9 or
Omega-3 Select,
150 + 50 Softgels



8⁹⁹

health One Dairy Digestive Supplement
Regular,
Lactase Enzyme,
100 Caplets



3⁴⁹

health One Vitamin D3 Softgel
1000 IU,
100 Capsules



Sleep Aid
Extra Strength,
20 Caplets

4²⁹



3⁹⁹

health One Melatonin
Fast Dissolving,
5 mg,
60 Sublingual
Tablets

Speak to your medical professional or pharmacist for more information.

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